



Tiger Times

May 2025



Principal: Mrs. Heather Kimmie ~ Vice Principal: Ms. Christina Coletta
Acting Head Teacher: Mrs. Georgina Loukopoulos ~ Admin Assistant: Ms. Lora Delorme

April has flown by! A particular highlight was seeing and hearing children excitedly showcasing and explaining their learning with family members during our recent Student-led Conferences. Thanks to our parent community for being engaged in your child's learning during the Student-led Conferences, volunteering on fieldtrips, and stepping up as drivers for sporting events. We truly value working with you as partners in your child's education and experiences.

If you have volunteered in your child's classroom, at a school event, on a fieldtrip or for a school sporting event, we will be holding a Volunteer Appreciation Event to recognize and thank YOU on Wednesday, June 11th from 10:00-11:00am. Please save the date if you can. More specific details will come out later in May.

Thanks, also, to our Brentwood Park community for spoiling our staff this month with a delicious lunch including a variety of traditional ethnic dishes during the PAC sponsored Staff Appreciation Luncheon. This event filled not just our tummies, but our hearts as well!



MOVING?



If your child will not be returning to Brentwood Park Elementary School next year, please notify us as soon as possible by emailing brentwoodpark.info@burnabyschools.ca. This information helps us plan for next year and prepare student records to be transferred to the new school in a timely manner. We appreciate your assistance.

Brentwood Park Elementary 1455 Delta Ave, Burnaby, BC 604-296-9003
brentwoodpark.info@burnabyschools.ca <http://brentwood.burnabyschools.ca>
Newsletter: Mrs. Karyn Carr

Developing a Growth Mindset...

Showing a **growth mindset** has a positive impact on learning.

At Brentwood Park, we work on developing growth mindsets, especially when faced with challenges, with our students and in ourselves. One way to start changing to a growth mindset is by using the word **“yet”**. Using this small word can flip a comment from a negative focus to a positive focus...such as from “I can’t tie my shoes.” to “I can’t tie my shoes **yet**.” By developing a growth mindset and practicing new skills with encouragement, learning will occur.



© Big Change

Parent Tip: Reinforcing the power of “yet” and developing a growth mindset at home with your children will help them in all facets of life. So, the next time your children say they can’t do something, add the word “yet”, then give them encouragement, help them practice, and they will learn and grow.

EXTENDED ABSENCES

If your child will miss school for vacation beyond a week, you must complete an “Extended Absence” form available from the main office or on our website under the School Information tab.

Students who are absent for more than one calendar month may risk losing their space. The school may withdraw your child if the space is required for a new student.

Please plan extended vacations during school holidays.

EARLY PICK-UPS

If you need to pick up your child early from school for an appointment, please email the teacher indicating what time they will be picked up so they can send your child to the office to meet you. Please try to make appointments outside of school hours to minimize the disruption to teachers and classmates. If pick up has to happen during school, please pick up by 12:00pm or after 1:00pm. We understand that unexpected situations arise. If this is the case, please call the school before you arrive so that we have time to locate your child, as they are not always in their classroom.

LATE DROP-OFF'S



Late drop-off's are disruptive to student learning and teaching. Please try hard to get your children to school by the **8:55am** bell. If your child arrives after 9:00am, please sign them in at the office.



Our "Brentwood's Got Talent" talent show is coming up next month.

There will be 3 ways to showcase student talents:

1) Visual Art: — due to Ms. Willis by **May 23**

- drawing, painting, sculpture, photography, mixed media, textile arts, etc.
- displayed in the hallway outside the library for classes to view for a few weeks

2) Virtual — submit between **April 29-May 9** to Ms. Helfrich

- submit on a flash drive only (will be returned after talent show videos are created, please label with name and division)
- maximum 3 minutes long

3) Live:

- practice! Students should do a mock audition with family/friends to help prepare
- students must bring their own music and props and come with any costumes or required outfits for their act
- sign up for auditions outside Ms. Helfrich's room by **May 9**
- auditions in front of teacher sponsors **May 5-9** (at lunch or after school)
- run-through on **June 4** after school (save the date!)
- performances in school assemblies on **June 5**

JUMP ROPE FOR HEART



It is time for Jump Rope for Heart again at Brentwood Park School! Our VIRTUAL kick-off assembly was held on April 19th and JUMP ROPE DAY will be Friday, May 16th. Students can register online at jumpropeforheart.ca. Look for Brentwood Park School. ALL fundraising will be done online only. By fundraising for Jump Rope for Heart, you're collecting donations to fund critical research that's saving lives, preventing heart disease and stroke, and supporting survivors and their families. Get heart healthy and get jumping Brentwood! Brentwood has a goal of **\$3,000!** The class that raises the most money will earn a special treat and the whole school will earn an extra recess if we meet our goal of **\$3,000.**

CLASS PLACEMENT

At this time of year, some parents begin thinking about their child's class placement for the next school year. Please know that our staff members work together to thoughtfully place students in classes based on the number of classroom teachers assigned to our school by the Burnaby school district office. This is a complex process, becoming increasingly challenging as we have grown in size and complexity.

When determining your child's class placement, a variety of factors are considered. For example:

- Provincial legislation for class size and composition
- Classroom teacher and school-based team recommendations
- Learning styles
- Intellectual, social, emotional and physical development
- Behavioural challenges
- Need for additional services such as ELL, EA or Learning Support
- Pre-existing conflict between peers
- Supportive peers

We use our professional judgement, existing data/information, and numerous discussions as we create classes, keeping in mind the considerations listed above. It is the responsibility of the school to create classes so that each student has a positive learning environment and teachers have a manageable teaching assignment. We try to ensure that every child has a supportive peer in their class, however, this is not always a 'good friend'. Often good friends can actually be distracting to learning when in the same class. Children, regardless of what class they are in, can always connect and play together during recess and lunch times.

Throughout the year, school staff become increasingly aware of your child's strengths, stretches and what considerations are important to factor in for class placement both through daily interactions with your child and conversations with you. However, if there is specific information you feel is critical to your child's success and wish us to consider when placing your child into a class, please email me at heather.kimmie@burnabyschools.ca by May 23, 2025. Please respect that requests for specific teachers will not be considered.

PAC CORNER

Dear Brentwood Park Families,

We want to send a huge **thank you** to everyone for your generous donations and delicious food contributions! Thanks to your incredible support, the **Staff Appreciation Luncheon** was a beautiful event. Our teachers and staff enjoyed a wonderful afternoon filled with homemade dishes lovingly prepared by families, alongside some amazing catered Indian food. Because of your donations, we were also able to set up a fun gift raffle and refresh the staff room with new dishes, bowls, and cutlery—thank you!

A big shout out to everyone who made our **Movie Night** such a huge success! Special thanks to Kate for organizing another fantastic evening, and to all the volunteers who helped with set-up, ticket sales, concession, and clean-up. We truly couldn't have done it without you!

Upcoming Events & Initiatives

Active Transportation Week – May 5-9 Brentwood PAC is pleased to sponsor this year's Active Transportation Week! Classes will challenge each other to win a pizza party and HUB cycling merchandise.

What is Active Transportation? Non-vehicular travel, such as walking, biking, and riding scooters. The city and school district are both working on encouraging more active travel to school to:

- reduce cars and traffic congestion and increase safety
- improve health measures and build healthy lifestyles for students
- decrease carbon emissions from cars

Watch your email for more details about the different ways to participate.

Spring Outdoor Family Photos –May 10th -[Sign Up HERE](#)

PAC is Looking for New Members! As some of our longtime PAC members will be graduating next year, we're looking for new volunteers to step into various roles and learn on the go. The new executive team will be voted in during the **PAC AGM in May**. If you're interested in being part of the PAC executive team, come talk to us! It's a great way to get involved, meet other families, and make a meaningful impact on our school community.

Stay Connected! We'd love for you to get involved, share your ideas, and stay in the loop. Follow us on [Instagram](#), and if you're interested in volunteering, [sign up here!](#) Thank you for your ongoing support!

COMMUNITY INFORMATION

April – Outside play and physical activity for children and youth

Get outside and play

Physical activity is a necessary requirement for optimal health – and the benefits are even greater if you can do it outdoors.

Regular physical activity in childhood and adolescence helps to develop cardiovascular fitness, muscle strength and bone density, and being outdoors is known to improve mental health.

There are many benefits to unstructured, outside play. When children and youth spend time outside, they:

1. **Sit less, move more and play longer** – key to cardiovascular health and fitness.
2. **Have healthier eyes** – spending more time outside reduces nearsightedness risks.
3. **Sleep better** – sunlight helps regulate sleep hormones and sleep patterns.
4. **Enjoy improved mood** – exercise reduces symptoms of anxiety and depression.
5. **Feel more connected to nature** – experience calm and develop mindfulness.

Planning active outings doesn't have to be challenging or costly. Here are some ideas that you can try this week:

- **Try a new activity** – check out [geocaching](#) or [seaweed searching](#).
- **Unplug and connect** – here are some ideas to decrease recreational [screen time](#).
- **Go for a scavenger hunt** – try this [nature scavenger hunt](#), [plant scavenger hunt](#) or [backyard activity](#).
- **Go for a walk or hike** – try these [10 hikes to take your kids on this summer](#).
- **Play in a forest or park** – try a new [regional park](#) every day for a week or go to this [adventure playground](#).
- **Explore a local stream** – check these [beautiful watershed walks](#) in the region.
- **Swim at the pool, waterpark or beach** – check [beach safety conditions](#) first or stay cool at a [local spray park](#).
- **Ride a bike or scooter** – explore the [Hope Bike Park](#) or check out the pumptrack at [Vedder Rotary Trail](#).
- **Visit farms, fish hatcheries and bird sanctuaries** – this [local family fun guide](#) has unique ideas.

Find more ideas to keep your kids active through the year on Fraser Health's website: [Keeping children active - Fraser Health Authority](#)



Understanding Substance Use in Tweens and Teens An Evening for Parents

This session is focused on substance use prevention:



- Current substance use trends.
- The importance of decreasing stigma when discussing substance use and addiction.
- Increasing your confidence, competence, and comfort level in discussing drugs and alcohol with your child.

Optional (in-person) naloxone training will be offered from 7:45-8:00pm for those interested.

Thur, May 15th 2025
6:30-8:00pm

Hosted in-person at Canada Way Learning Centre
5310 Woodsworth St., Rm 8

Virtual option will be made available via Zoom

To register please email:

shiara.dhillon@burnabyschools.ca



Boys & Girls Clubs
of South Coast BC



BURNABY ART GALLERY



AWESOMEOLOGY: GRATITUDE IN THE LITTLE THINGS ARTS ALIVE 2025

Awesomeology: Gratitude in the Little Things

Arts Alive 2025

May 2- June 1, 2025

The opening reception of **Awesomeology: Gratitude in the Little Things** is on **May 1, 7-9pm.**

Now in its 43rd year, Arts Alive celebrates the artistic achievements of students from across Burnaby.

Taking inspiration from the episode Awesomeology featuring Neil Pasricha in the podcast Ologies by Alie Ward, School District 41 Grade K – 7 students and teachers were prompted to celebrate all the little things they find AWESOME in their everyday lives. These collaborative projects explore nature, knowledge, friendship, family, food, and more! With nine schools and 41 classes represented, the artwork displays creative joy, fascination, and a shared desire to work together to expand our imaginations.

Join us in celebrating these inspiring students, snack and refreshments will be provided.

Opening Reception: May 1, 7-9pm
Burnaby Art Gallery
6344 Deer Lake Ave
Burnaby, BC

