

Week 1	Monday 02/03	Tuesday 02/04	Wednesday 02/05	Thursday 02/06	Friday 02/07
Regular	Butter Chicken Rice Peas	Beef Meatball Submarine Garden Ranch Salad	Chicken Teriyaki Noodle Bowl California Mixed Vegetables (Broccoli, Cauliflower, Carrots)		Jerk Chicken Drumstick Rice and Beans Corn
2 <sup>nd</sup> Choice	Cheeseburger Pasta Peas and Carrots	Chicken Salad Sandwich Garden Ranch Salad	Topsy Turvy Pasta California Mixed Vegetables (Broccoli, Cauliflower, Carrots)		Macaroni and Cheese PEI Mixed Vegetables (String Beans, Carrots)
Vegetarian	Butter Chickpeas Rice Peas	Veggie Meatball Submarine Garden Ranch Salad	Vegetarian Topsy Turvy Pasta California Mixed Vegetables (Broccoli, Cauliflower, Carrots)		Macaroni and Cheese PEI Mixed Vegetables (String Beans, Carrots)
Halal Friendly	Halal Butter Chicken Rice Peas	Halal Meatball Submarine Garden Ranch Salad	Halal Chicken Teriyaki Noodle Bowl California Vegetables (Broccoli, Cauliflower, Carrots)		Halal Macaroni and Cheese PEI Mixed Vegetables (String Beans, Carrots)







Week 2	Monday 02/10	Tuesday 02/11	Wednesday 02/12	Thursday 02/13	Friday 02/14	
Regular	Sunshine Sandwich Hash Brown Triangles	Crunchy Chicken Ranch Wrap	Honey Garlic Chicken Drumstick Rice Peas and Carrots		Deli Turkey, Cheese, Tomato Bagel	
2 <sup>nd</sup> Choice	Chicken Nuggets Rice Corn Plum Sauce	Beef Meatballs Mashed Potatoes Corn Gravy	Smiling Shepherd's Pie		Beef Meatball Tator Tot Poutine Corn	
Vegetarian	Sunshine Sandwich Hash Brown Triangles	Veggie Meatballs Mashed Potatoes Corn Gravy	Honey Garlic Tofu Rice Peas and Carrots		Veggie Meatball Tator Tot Poutine Corn	
Halal Friendly	Halal Chicken Nuggets Rice Corn Plum Sauce	Crunchy Halal Chicken Ranch Wrap	Honey Garlic Halal Chicken Drumstick Rice Peas and Carrots		Halal Beef Meatball Tator Tot Poutine Corn	







	Monday					
Week 3	02/17	Tuesday 02/18	Wednesday 02/19	Thursday 02/20	Friday 02/21	
Regular	FAMILY DAY	Chicken Fried Rice Spring Roll Plum Sauce	Breakfast Burrito Tator Tots		Chicken Shawarma Wrap Veggies and Dip	
2 <sup>nd</sup> Choice		French Toast Syrup Fruit	Alfredo Penne Pasta Italian Mixed Vegetables (Carrots, Zucchini, Cauliflower, Beans, Red Peppers)		Turkey Hot Dog Veggies and Dip	
Vegetarian		Veggie Fried Rice Spring Roll Plum Sauce	Alfredo Penne Pasta Italian Mixed Vegetables (Carrots, Zucchini, Cauliflower, Beans, Red Peppers)		Veggie Hot Dog Veggies and Dip	
Halal Friendly		Halal Chicken Fried Rice Spring Roll Plum Sauce	Alfredo Penne Pasta Italian Mixed Vegetables (Carrots, Zucchini, Cauliflower, Beans, Red Peppers)		Halal Hot Dog Veggies and Dip	







Week 4	Monday 02/24	Tuesday 02/25	Wednesday 02/26	Thursday 02/27	Friday 02/28
Regular	Cheese Tortellini Tomato Sauce California Mixed Vegetables (Broccoli, Cauliflower, Carrots)	Chicken Nuggets Rice Peas and Carrots	Chicken Teriyaki Rice California Vegetables (Broccoli, Cauliflower, Carrots)		
2 <sup>nd</sup> Choice	Beef Chili Rice	Veggie Cob Ranch Salad Dinner Bun	Cheeseburger Pasta California Vegetables (Broccoli, Cauliflower, Carrots)		PRO D-DAY
Vegetarian	Daal Basmati Rice Cauliflower	Veggie Cob Ranch Salad Dinner Bun	Tofu Teriyaki Rice California Vegetables (Broccoli, Cauliflower, Carrots)		FRO D-DAT
Halal Friendly	Cheese Tortellini Tomato Sauce California Mixed Vegetables (Broccoli, Cauliflower, Carrots)	Veggie Cob Ranch Salad Dinner Bun	Halal Chicken Teriyaki Rice California Vegetables (Broccoli, Cauliflower, Carrots)		



