

# January Menu 2025

## Brentwood Park Elementary



Week 1	Monday 01/06	Tuesday 01/07	Wednesday 01/08	Thursday 01/09	Friday 01/10
<b>Regular</b>	BBQ Beef Meatballs Mashed Potatoes Broccoli	Chicken Nuggets Whole Grain Rice Peas and Carrots Plum Sauce	Jerk Chicken Drumstick Rice and Beans Corn		Beefaroni Garden Salad Ranch Dressing
<b>2<sup>nd</sup> Choice</b>	Alfredo Penne Pasta Broccoli	Turkey Deli, Cheese, and Tomato Bagel	Macaroni and Cheese Peas and Carrots		Vegaroni Garden Salad Ranch Dressing
<b>Vegetarian</b>	BBQ Veggie Meatballs Mashed Potatoes Broccoli	Egg and Cheese Breakfast Burrito Hash Brown Triangles	Macaroni and Cheese Peas and Carrots		Falafel Ranch Salad Dinner Bun
<b>Halal Friendly</b>	BBQ Halal Beef Meatballs Mashed Potatoes Broccoli	Halal Chicken Deli, Cheese, and Tomato Bagel	Macaroni and Cheese Peas and Carrots		Falafel Ranch Salad Dinner Bun

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Week 2	Monday 01/13	Tuesday 01/14	Wednesday 01/15	Thursday 01/16	Friday 01/17
<b>Regular</b>	Egg and Cheese Breakfast Burrito Hash Brown Triangles	Tuna Sushi Bowl	BBQ Chicken Drumstick Whole Grain Rice Corn		Chicken Shawarma Rice Pilaf
<b>2<sup>nd</sup> Choice</b>	Chicken Fried Rice Mini Spring Roll	Beef Meatball Tator Tot Poutine Corn	Spaghetti with Beef Meatballs Tomato Sauce		Beef Meatballs Gravy Mashed Potato Corn
<b>Vegetarian</b>	Veggie Fried Rice with Egg and Mini Spring Roll	Egg Sushi Bowl	Spaghetti with Veggie Meatballs Tomato Sauce		Veggie Meatballs Gravy Mashed Potato Corn
<b>Halal Friendly</b>	Halal Chicken Fried Rice Mini Spring Roll	Halal Beef Meatball Tator Tot Poutine Corn	Spaghetti with Halal Beef Meatballs Tomato Sauce		Halal Chicken Shawarma Rice Pilaf

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Week 3	Monday 01/20	Tuesday 01/21	Wednesday 01/22	Thursday 01/23	Friday 01/24
<b>Regular</b>	Perogies Power Mixed Vegetables Sour Cream	Pancakes Apple Blueberry Compote Scrambled Eggs Syrup	Topsy Turvy Pasta Tomato and Beef Meat Sauce		Cheesy Chicken Pasta Broccoli
<b>2<sup>nd</sup> Choice</b>	Beef Burrito Rice Bowl Power Mixed Vegetables Sour Cream	Chicken Teriyaki Chow Mein Noodles Broccoli	Topsy Turvy Pasta Tomato and Beef Meat Sauce		Hummus Naan Bites Fresh Veggies and Dip Cheese String
<b>Vegetarian</b>	Veggie Bean Burrito Rice Bowl Power Mixed Vegetables Sour Cream	Pancakes Apple Blueberry Compote Scrambled Eggs Syrup	Daal Basmati Rice Cauliflower		Hummus Naan Bites Fresh Veggies and Dip Cheese String
<b>Halal Friendly</b>	Veggie Bean Burrito Rice Bowl Power Mixed Vegetables Sour Cream	Halal Chicken Teriyaki Chow Mein Noodles Broccoli	Topsy Turvy Pasta Tomato and Halal Beef Meat Sauce		Cheesy Halal Chicken Pasta Broccoli

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Week 4	Monday 01/27	Tuesday 01/28	Wednesday 01/29	Thursday 01/30	Friday 01/31
<b>Regular</b>	French Toast Apple Blueberry Compote Syrup	Spaghetti with Beef Meatballs Tomato Sauce	Lunar New Year Chicken Fried Rice Fortune Cookie		Beefaroni
<b>2<sup>nd</sup> Choice</b>	Sunshine Sandwich Hashbrown Triangles	Chicken Ranch Salad Dinner Bun	Lunar New Year Dumplings Oriental Steamed Vegetables Fortune Cookie		Turkey Hot Dog Fruit Ketchup
<b>Vegetarian</b>	Sunshine Sandwich Hashbrown Triangles	Spaghetti with Veggie Meatballs Tomato Sauce	Lunar New Year Veggie Fried Rice with Egg Fortune Cookie		Veggie Hot Dog Fruit Ketchup
<b>Halal Friendly</b>	Sunshine Sandwich Hashbrown Triangles	Spaghetti with Halal Beef Meatballs Tomato Sauce	Lunar New Year Halal Chicken Fried Rice Fortune Cookie		Halal Chicken Hot Dog Fruit Ketchup