



# Tiger Times

## March 2024



Principal: Mrs. Heather Kimmie ~ Vice Principal: Ms. Deanna Sue  
Acting Head Teacher: Mrs. Georgia Loukopoulos ~ Admin Assistant: Mrs. Giannina Rakic

February is a month highlighting activities surrounding care, kindness, friendship and allyship. When we hear and observe our students playing inclusively, working collaboratively, and using kind, friendly words and gestures with one another it contributes to creating a safe, respectful and inclusive community. The focus this month continues to support our social awareness school goal and shift from a 'Me to We' school culture as well. For Pink Shirt Day, students have listened to stories about ways to build caring relationships with others as well as completed activities based on our theme of 'We are Allies'. Classes have been invited to share some of their learning. We invite you to please take a look around the school for window, classroom and tree displays. I am sometimes asked how parents can help foster the same teachings at home. Included are a couple of links you may be interested in perusing: <https://www.harpercollins.com/blogs/harperkids/6-tips-for-teaching-kids-kindness> or <https://www.parentingforbrain.com/how-to-teach-a-child-to-be-kind/>. Conversations at home asking your child for specific examples about how they show care, kindness, allyship and ways they are being a good friend, plus reading and discussing how characters in stories feel in situations are a great starting place.

It has also been a month showing care and compassion beyond our Brentwood Park Community. As part of our journey towards truth and reconciliation, our 'Hearts for Truth' fundraiser raised \$620 for the Gord Downie and Chanie Wenjack Foundation.

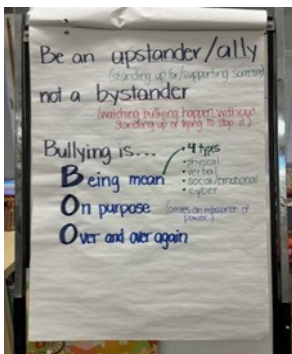
There are a few special events that our Leadership Committee has planned to show school spirit. The first is 90's Spirit Day on March 14<sup>th</sup>. Perhaps there are 90's items in your closets your children can wear! Also, on April 17<sup>th</sup> we will be holding a Lucky Spirit Day and encourage all students to wear green that day. Thanks to our Leadership students for bringing fun activities to our school community!

There are a few events coming up soon to communicate student learning. On April 4<sup>th</sup>, report cards will be sent home to families. Also, please save the date for Student-led Conferences between 2:00 and 7:00 on April 18<sup>th</sup>. This is a chance for your children to take ownership and showcase their own learning with you. There will be early dismissals on April 18<sup>th</sup> and 19<sup>th</sup> at 2:00 to accommodate the Student-led Conferences.

We thank all of you, our Brentwood Park families, for encouraging your children to be kind, caring friends and allies at school and beyond.

Respectfully,

Mrs. Heather Kimmie



Brentwood Park Elementary 1455 Delta Ave, Burnaby, BC 604-296-9003  
brentwoodpark.info@burnabyschools.ca <http://brentwood.burnbyschools.ca>  
Newsletter: Mrs. Karyn Carr

# BRENTWOOD'S GOT TALENT

Attention Brentwood Park families! Our "Brentwood's Got Talent" talent show is coming up in a couple of months. We are letting you know ahead of time, in case your child has a winter sport or activity he/she would like to showcase for the talent show! We will still offer students the opportunity to show talents that cannot be shown live (i.e. skiing, skating, skateboarding, rollerblading etc.), to be entered via video format for online viewing. We will also be having live performances this year! Online viewing for the Brentwood Community will take place sometime around the week of May 27th-31st. Students with live performances will need to practice their talents so they can audition in front of teacher sponsors (April 22nd-26th) and then they will be given the opportunity to perform their talent in front of the school (2 performances) May 31st.

We will begin accepting talent submissions starting April 2nd with all virtual submissions due April 17th. Virtual talents will need to be recorded and submitted via flash drive to Ms. Helfrich. All flash drives will be returned following the creation of talent show videos. Sign up for the live performances will take place outside the office gym doors, with students signing up for a lunch or after school audition time, starting April 8th.

We will also have an artistic component to our talent show so any artists out there may also want to start thinking of items they would like to enter. This can include drawing, painting, sculpture, photography, mixed media, textile arts, etc. The artwork will be displayed in the hallway outside the library for classes to view for a few weeks. Art submissions will be due to Ms. Willis by May 17th.

What is a talent?

A talent is a special skill or area of strength your child has been working to develop over a period of time. It could include: an area of sport, martial arts, performing arts, magic tricks, etc. For the purposes of this talent show, it should be something that has been practiced and is performance ready. We will be screening ALL talent entries this year and we will be looking for: preparedness (is it performance ready?), execution (can you successfully demonstrate the talent?), showmanship (is it enjoyable to watch? Is it unique?), suitability (is it appropriate?). Any student auditioning for a live performance must bring their own music and props and come with any costumes or required outfits for their act.

## CONGRATULATIONS!

Congratulations to the basketball teams on a wonderful season. With the guidance of coach Jung, they developed their skills, played with heart, and showed good sportsmanship towards each other and their opponents. Our competitive team made it to the quarter finals at the district playday. You represented Brentwood Park well! Thank you to Mr. Jung for giving his time and energy to coaching all of the teams, and to Mrs. Nielsen for assisting with many of the practices.

### THANK YOU!

A big thank you to those who helped support the Grade 7s with their Krispy Kreme fundraising initiative. We appreciate your support!!



The Class of 2024 and the Grade 7 Parent Committee

### EXTENDED ABSENCES

If your child will miss school for vacation beyond a week, you must complete an "Extended Absence" form available from the main office.

Students who are absent for more than one month may risk losing their space. The school may withdraw your child if the space is required for a new student.

Please plan extended vacations during school holidays.

The next spirit day is "90's Day" on Thursday, March 14th. We look forward to seeing our school community show their school spirit!



### If Your Dog Poops



You must scoop...

Even If No One Sees You!!

If you bring your dog onto school grounds, please pick up the excrement. We have had dog poop on the field which is not fun or healthy for our children when they want to play in this area.

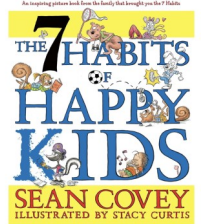
### NO DUMPING



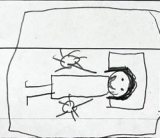
The last few weeks we have had people dumping their unwanted items behind the portables. Please do not dispose of any items on school property.




Div. 12 has been learning valuable life habits from the book *The 7 Habits of Happy Kids* by Sean Covey; habits that are important such as, "Work first, then play" and "You're in charge of yourself." Each student wrote a letter to their future-self, highlighting one of the habits they are currently working on or one of the habits they found to be particularly important. They closed their letters with a reminder, a note of encouragement or a question. Div. 12 plans to open these letters again when they turn 18 years old to see how they might be doing with these habits!



Feb. 23-2024  
 Dear future self  
 I am working on being  
 I think this is important because  
 if you work first  
 you don't have to do it  
 later I can do this  
 I believe in my self.  
 Love  
 A

Feb 23 2024  
 Dear future habits I am  
 working on balance is  
 best. I think this is  
 important because I  
 never have time to  
 relax. I need to  
 start relaxing.  
  
 From Amana

Feb. 23 2024  
 Dear future me, (Hana)  
 I am working on having a balanced  
 life. I think this is important  
 because if you always read you  
 won't make friends and you get  
 tired easily. Make sure you have  
 a balanced life.  
 Love,  
  
 past me (Hana)

(Cheyon) 02-23-2024  
 Dear future-self I am  
 working on you're in charge of  
 yourself. I think Habit 4 is  
 important to me. I think together  
 is better because the more  
 friends you have the longer  
 you live, Don't forget about  
 your parents, teachers and  
 friends.  
 (Cheyon)  
 from past-self

# COMMUNITY INFORMATION



## BURNABY MINOR LAKERS BOX LACROSSE

CANADA'S NATIONAL SUMMER SPORT!  
PLAY LACROSSE - REGISTER NOW!  
WWW.BURNABYLACROSSE.COM

### BOYS & GIRLS 2024 FEES

U7 (2018-2019)	\$185 / \$225
U8 (2016-2017)	\$245 / \$285
U11 (2014-2015)	\$230 / \$350
U13 (2012-2013)	\$300 / \$340
U15 (2010-2011)	\$315 / \$355
U17 (2008-2009)	\$325 / \$365
U19 Female (2015-2017)	\$375 / \$405
Full Time Goalies	\$60

On or before January 21 / After January 21, 2024

Birth year is January to December; players may be 4 years of age when starting the season.

Family Rate: Families with 3 or more players receive a \$100 refund.

All registrations include shorts, craft stick, team photos, use of team jerseys, SCLA insurance, and free admission to Junior and Senior Lacrosse games.

Refund Policy: Up to Jan 21, 2024: Full refund less \$50 admin fee. Between Jan 21 at 11:59pm and April 1 at 11:59pm, 50% refund. After April 1 at 11:59pm, no refund.

Once players are placed on a team, a team fee will be required. The amount of the team fee will depend on tournaments and other team activities.

### CONTACT

Club President & Registrar: Susan Kirby  
Email: registrar@mlb.com  
Cell: 604-512-6131  
www.burnabylacrosse.com

### REGISTER ONLINE

- Go to [www.burnabylacrosse.com](http://www.burnabylacrosse.com) after December 1, 2023
- Click on the REGISTRATION link
- We accept credit card or e-transfer payments
- If you pay by credit card, a 3% processing fee will be added
- No cheques will be accepted

### NEW PLAYERS

- New players always pay the early bird fee
- New players who register after January 21, 2024 refer to the later rate
- New players who register after January 21, 2024 with a credit card, email the registrar for a \$40 refund

### RETURNING PLAYERS

- Please register on or before January 21, 2024 to receive the early bird rate
- We accept credit card or e-transfer payments

### THE SEASON

- U7 and U9 season starts in early April and runs until near the end of June
- U11 and above season starts late March and runs until middle of July depending on playdowns and provincials

### PLAYER EVALUATIONS

- Evaluations for U11 and above divisions for A and B teams will commence in February 2024. Evaluations will not take place during spring break
- Players must be registered and pay a \$40 fee when registering online to be evaluated. Full-time goalies cannot pay the evaluation fee.

### FINANCIAL ASSISTANCE

- If you are applying for financial assistance with Jumpstart or KidSport please email the registrar
- DMCL also offers the Emily Levin and Ryan Nagay Sponsorships funds; for more information email the registrar

### 2024 Spring Activities

## SPRING ACTIVITIES AND SUMMER CAMPS registration starts soon!

Download our Spring Activity Guide to browse and short list your favourite activities.

There are plenty of fun and unique activities to choose from!

[Burnaby.ca/ActivityGuide](http://Burnaby.ca/ActivityGuide)



WE TAKE Fun SERIOUSLY!

<b>Recreation Centres</b>	
BONSOR	604-297-4597
BONSOR 55+	604-297-4580
CAMERON	604-297-4452
CHRISTINE SINCLAIR	604-320-2222
CONFEDERATION	604-294-1936
EDMONDS	604-297-4838
EILEEN DAILLY	604-298-7946
WILLINGDON	604-297-4526
<b>Arenas</b>	
BILL COPELAND	604-297-4521
<b>Cultural Facilities</b>	
BURNABY ART GALLERY	604-297-4422
BURNABY VILLAGE MUSEUM	604-297-4565
SHADBOLT CENTRE	604-297-4440

REGISTRATION START TIME	PRIORITY REGISTRATION for Burnaby residents			GENERAL REGISTRATION for everyone	
	Monday, March 4	Tuesday, March 5	Thursday, March 14	Friday, March 8	Friday, March 15
<b>10 am</b>					
<b>START CREATING YOUR WISH LIST TODAY</b>	Recreation Activities including Summer Camps (excluding swimming lessons)	Arts and Heritage Activities including Summer Camps	Swimming Lessons	Recreation, Arts and Heritage Activities including Summer Camps (excluding swimming lessons)	Swimming Lessons

A line-up numbering system in select facilities will start at 9 am, 1 hour before registration begins.

### Summer Camps

Keep your kids engaged with a variety of fun filled and action packed summer camps around Burnaby! Try Wilderness Mash-up at Deer Lake Park, Heritage Adventures Summer Camps at the Burnaby Village Museum or Swagard Sports Camp—just to name a few exciting offerings!

Add your favourite summer camps to your Wish List and get ready for registration which starts on March 4.

[Burnaby.ca/WebReg](http://Burnaby.ca/WebReg)



### Stay in the know

Be the first to find out about programs and activities at our recreation facilities. Sign up for eNews at [Burnaby.ca/eNews](http://Burnaby.ca/eNews), or follow us on:

- [recreationburnaby](https://www.facebook.com/recreationburnaby)
- [@burnabyparksrec](https://twitter.com/burnabyparksrec)
- [burnabyrecreation](https://www.instagram.com/burnabyrecreation)

[recreationburnaby](https://www.facebook.com/recreationburnaby)

[@burnabyparksrec](https://twitter.com/burnabyparksrec)

[burnabyrecreation](https://www.instagram.com/burnabyrecreation)

[Burnaby.ca/Active](http://Burnaby.ca/Active)



**SPRING FLAG FOOTBALL**  
**AGES 6 - 15 YRS OLD**  
**PRACTICES START MARCH 2024**



**REGISTER NOW!**



**JOIN CANADA'S FASTEST GROWING SPORT**

Boys & Girls, Ages 5-19 Years  
All Skill Levels  
Coed & Female-Only Divisions  
Season Runs March to June

**Register Now:**  
[metroballhockey.ca](http://metroballhockey.ca)



For over 30 years...

# SOCCER DAY CAMPS

...more than just a soccer camp! **2024**





**Don't miss out on our EARLY BIRD discount, sign up by March 31, 2024 to qualify.**

**Get ready for an unforgettable summer adventure!**

- \* July & August weeks
- \* all kids aged 5 to 13
- \* morning & full day sessions
- \* before & after care available

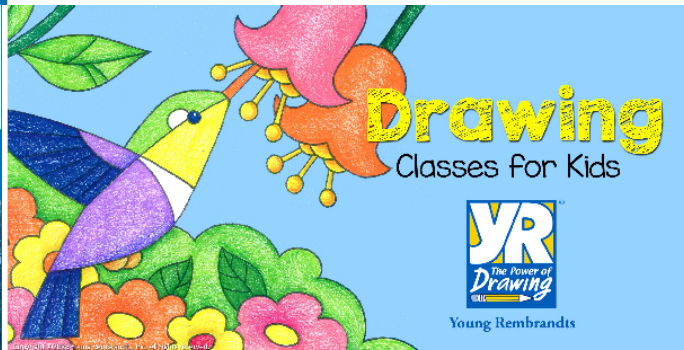

**royalsoccerclub.com**

**800-427-0536**

For location & registration details, visit our website.

# Drawing

Classes for Kids

Young Rembrandts

## Brentwood Park Elementary

Grades 1st to 6th

It's spring time and that can only mean one thing: spring time drawing fun with Young Rembrandts! If your child enjoys the outdoors they will love the upcoming Hummingbird lesson filled with colour and whimsy. We'll be drawing all season creating motorcycles, boats and even the butterfly life cycle! Artists will be challenged as they draw and shade a realistic portrait of famous composer Beethoven using colour pencils. Sign up today!



**classes**  
Wednesdays  
3:05 PM - 4:15 PM  
04/24/2024 - 06/12/2024  
8 lessons



**tuition**  
\$ 176.00 (tax included)  
8 lessons



**enrollment**  
ENROLL ONLINE at  
[www.youngrembrandts.com/metrovancouver/](http://www.youngrembrandts.com/metrovancouver/)

### ALL NEW LESSONS EVERY SESSION!

YOUNG REMBRANDTS provides all classroom supplies and a trained instructor. Classes are held immediately after school inside the school. Parents are responsible for transportation at class end.

Young Rembrandts is an independent afterschool program and is not affiliated to the School Board.

[www.youngrembrandts.com/metrovancouver/](http://www.youngrembrandts.com/metrovancouver/) - 604-345-9053 - [metrovancover@youngrembrandts.com](mailto:metrovancover@youngrembrandts.com)



## Could your child benefit from better executive functions (attention, memory, problem-solving) or better balance and agility in movement?



What if just 15 minutes a day, at home, doing simple activities, could improve your child's executive functions and maybe also balance?



We believe it can and we're conducting a study to test that.

**We are recruiting 8 - 12 year-old boys and girls who could use some improvement of their executive functions and balance.**

Take a tab from below and call or email us to find out more.

Contacting us in no way obligates you or your child to participate.

The same or overlapping brain regions underlie both cognitive & motor functions. Children will be randomly assigned to either do simple balance exercises at home for 15 minutes, 3 times a week for 12 weeks, or to the no-treatment group helping us to find out if gains we see from balance training would have happened anyway even without that training.

If you or anyone you know MIGHT be interested in participating, or would just like more information, please email us at [pspaz@student.ubc.ca](mailto:pspaz@student.ubc.ca) or call us at (604) 649-0702

This project is funded by NERSC and directed by Prof. Adele Diamond, Dept. of Psychiatry, UBC.